

CitySport

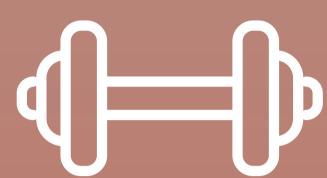
CITYSPORT ETIQUETTE



Stay at home if you are unwell



Wipe down all equipment after use with antibacterial spray and paper towels provided



Return all weights and equipment to the designated place after use



Do not drop weights on the floor as this can cause injury and damage surfaces



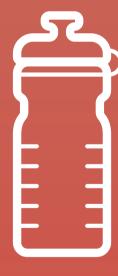
Arrive on time for your scheduled activities and leave promptly after you finish



Wear suitable training kit for your activity



Non-marking footwear must be worn at all times



Bring your own water bottle or purchase one at reception



Show respect for other users by keeping noise levels down



Keep your personal belongings in the lockers provided



Do not bring food into any areas

You must follow these rules at all times, otherwise you may be asked to leave the facility.

Thank you for your cooperation.